



# SEX AND RELATIONSHIPS EDUCATION CURRICULUM

## Reception: Our Lives

- ❖ Our Day
- ❖ Keeping Ourselves Clean
- ❖ Families

## Year 1: Growing and Caring for Ourselves

- ❖ Keeping Clean
- ❖ Growing and Changing
- ❖ Families and Care

## Year 2: Differences

- ❖ Differences - Boys and Girls
- ❖ Differences - Male and Female
- ❖ Naming the Body Parts

## Year 3: Valuing Difference and Keeping Safe

- ❖ Differences - Male and Female
- ❖ Personal Space
- ❖ Family Differences

## Year 4: Growing Up

- ❖ Growing and Changing
- ❖ What is Puberty?
- ❖ Puberty Changes and Reproduction

## Year 5: Puberty

- ❖ Talking about Puberty
- ❖ Male and Female Changes
- ❖ Puberty and Hygiene

## Year 6: Puberty, Relationships and Reproduction

- ❖ Puberty and Reproduction
- ❖ Understanding Relationships
- ❖ Conception and Pregnancy
- ❖ Communication in Relationships