PRIMARY MENU FEBRUARY 2015

	Gluten	Milk	Egg	Fish	Mustard	Soya Beans	Celery	Seasame	Sulphur	Lupin	Tree Nuts	Peanuts	Cruslaceans	Molluscs
Main Courses														
Baked Potato with Baked Beans														
Bean and Lentil Burger			√				√							
Beef/Lamb Bolognaise														
Beef/Lamb Burger	√		√											
Beef/Lamb Lasagne	√	√												
Cajun Chicken														
Cheese Flan	√	√	√		√									
Chicken Curry	√				√		√			√				
Chicken Nuggets	√													
Chicken Pasta Bake	√	√	√				√							
Chicken Pie	√	√	√				√							
Fish Fingers	√			√										
Fish Pie	√	√	√	√	√									
Halal Chicken Dahl														
Halal Chicken Peppers														
Halal Keema Aloo														
Halal Lamb and Herb Chicken Drumstick														
Halal Lamb Bolognaise														
Halal Sausages	√					√								
Halal Shepherds Pie														
Lemon Roasted Chicken														
Lentil and Vegetable Curry														
Macaroni Cheese	√	√			√									
Meat Balls in Tomato Sauce	√	√	√											
Pasta Provencal	√													
Pizza Margherita	√	√												
Pizza with Ham	√	√												
Potato Frittata			√											
Quorn Bolognaise	√		√			√								
Quorn Burger	√		√			√								
Quorn Cottage Pie	√	√	√			√								
Quorn Sausages	√		√			√								
Quorn Stir Fry in a Sweet and Sour Sauce	√		√			√	√							
Roast Chicken and Stuffing	√													
Roast Turkey														
Salmon Fish Fingers	√			√										
Sausages with Yokshire Pudding	√								√					
Shepherds Pie	√	√					√							
Sweet Potato and Lentil Korma		√												
Sweet Tomato and Basil Sauce														
Vegetable Curry							√			√				
Vegetarian Lasagne	√	√			√									
Wholemeal Tuna Wrap	√		√	√										

	Gluten	Milk	Egg	Fish	Mustard	Soya Beans	Celery	Seasame	Sulphur	Lupin	Tree Nuts	Peanuts	Cruslaceans	Molluscs
Burger Relish					√									

PRIMARY MENU FEBRUARY 2015

Starchy Sides	Gluten	Milk	Egg	Fish	Mustard	Soya Beans	Celery	Seasame	Sulphur	Lupin	Tree Nuts	Peanuts	Cruslaceans	Molluscs
Bun (Burger)	√													
Bun (Hot Dog)	√													
Creamy Mashed Potatoes		√												
French Stick	√	√												
Garlic Bread	√													
New Potatoes														
Organic Bread	√													
Oven Baked Chips														
Pasta	√													
Rice														
Roast Potatoes														
Sliced White Bread	√													
Sliced Wholemeal Bread	√													
Gluten Free Pasta					√		√			√				
Gluten Free Wrap														

Cooked Vegetables	Gluten	Milk	Egg	Fish	Mustard	Soya Beans	Celery	Seasame	Sulphur	Lupin	Tree Nuts	Peanuts	Cruslaceans	Molluscs
Baked Beans														
Cabbage (Fresh)														
Carrots (Fresh)														
Broccoli (Fresh)														
Garden Peas														
Sliced Green Beans														
Sweetcorn														

Salad Bar	Gluten	Milk	Egg	Fish	Mustard	Soya Beans	Celery	Seasame	Sulphur	Lupin	Tree Nuts	Peanuts	Cruslaceans	Molluscs
Beetroot														
Chopped Dates														
Coleslaw			√											
Cous Cous	√									√				
Cucumber														
Dried Apricots														
Five Bean Salad														
Grated Carrot														
Lettuce														
Mixed Peppers														
Mushroom Salad			√		√									
Pasta Salad	√		√		√									
Potato Salad			√											
Rice Salad		√								√				
Sultanas										√				
Sweetcorn														
Tomatoes														

Desserts	Gluten	Milk	Egg	Fish	Mustard	Soya Beans	Celery	Seasame	Sulphur	Lupin	Tree Nuts	Peanuts	Cruslaceans	Molluscs
Apple Sponge	√		√											
Carrot Cake	√		√											
Cheese and Biscuits	√	√	√											
Chocolate Cookie	√	√	√											
Chocolate Cracknell														
Chocolate Muffin	√	√	√											
Chocolate Sauce		√												
Chocolate Sponge	√		√											
Custard		√												
Flapjack	√													
Flavoured Milk		√												
Fresh Fruit Pots														
Fresh Fruit Salad														
Frozen Yoghurt		√												
Cream		√												
Iced Bun	√													
Lemon Iced Sponge	√		√											
Lemon Muffin	√		√											
Oaty Apple Crumble	√													
Organic Fruit Yoghurt		√												
Peach Crumble	√													
Plum Crumble	√													
Shortbread Biscuits	√													
Sticky Toffee Muffin	√	√	√											